Take your climbing skills to the <u>NEXT LEVEL</u> Youth Rock Climbing Team

Ages 7-19





Team Tryout - Sign-up at the front desk or call (516) 777-9255

Team Tryouts are with an instructor and include an assessment of prior climbing experience on both boulder and top-rope routes. The result of the team tryout includes a recommendation for a kids' climbing program that is the best match for your child's climbing level. Team tryouts are FREE!

Basic Track

Basic Track sets your child up with the essentials they need to excel at rock climbing! Basic Track meets from 9:00am - 11:00am on Saturdays. After 12 weeks Team Coaches provide a recommendation for recreational or competitive teams based on your child's climbing level.

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Recreational or Competitive Track

Choose between a 1, 2, or 3 days a week training plan. Climbers can attend any of the 3 practices each week to fulfill their training plan. Team practices are at 5:30pm - 7:30pm Tuesdays / Thursdays, and 11:30am - 1:30pm on Saturdays.

1 Day a week or Basic Track \$170 / Month2 Days a week \$235 / Month3 Days a week \$300 / Month